

Shipwreck Shootout

Trident Lacrosse Presents – Shipwreck Shootout

Tridentlax.com



Trident Lacrosse is proud to present the Shipwreck Shootout for players of all ages! 3 vs. 3 lacrosse is a great way to develop skills and movement on a smaller playing field, while also enjoying the game of lacrosse we love so much.

Born on the Crystal Coast, the Shipwreck Shootout brings players from all around the State to compete, play, and enjoy what North Carolina's coast has to offer.



3 vs. 3 Beach Lacrosse: Rules

- Only 3 players per team are allowed on the field at one time.
- No intentional body or stick checks. Checking will result in a whistled stop of play by the referees and result in a fast break opportunity for the opposing team.
- Absolutely NO use of sand to one's advantage. EX: kicking, flicking with stick, throwing, etc. This will result in a change of possession and/or fast break opportunity.
- Opening "draws" are treated like a jump ball like basketball.
- If the game is tied at the end of regulation, there will be a 2-minute sudden victory play.
- All finishes (goals) must be within 6 feet of the goal. There are not long ranged, heavy wind-up shots in Beach Lacrosse. Goals will be awarded under the referee's discretion.
- If a ball leaves the playing field, it is treated like field lacrosse. Last person to touch the ball changes the possession arrow. Shots can be treated as closest to the ball if a missed shot goes out of bounds.
- Goalies are NOT involved in beach lacrosse. One player may however stand in net at their own risk.
- Games consist of 2, 12-minute running halves with a 1-minute half time.
- Each team has 1 timeout per half.



Boys and Girls Divisions

September 18th - 19th

Atlantic Beach, NC

The Circle
201 West Atlantic Blvd.
Atlantic Beach, NC

Field/Game Layout:

- Field is approximately 20x30 yards.
- Cones will highlight the end lines and sidelines.
- Goals are 2' x 3' in size.
- All balls are soft-surfaced and not as high risk for inflicting damage like a normal lacrosse ball.
- Each match consists of a best of 3 matchup between two teams. Teams can be made up of 4 players MAXIMUM.
- Jerseys/reversible will be provided after registration!
- [BOYS PLAYERS] – There are no defensive long poles or goalie sticks. Short sticks only!

